

# Biofield Therapies/Chakra Balancing

**Biofield Therapies/Chakra Balancing: Healing Touch • Reiki • Energy Medicine • Crystal Energy • Body Works**

**Healing Touch, Reiki and Energy Medicine** are mind/body bio-field therapies that use light touch, focused intention and Universal Energy to influence the human energy system (bio-field), specifically the energy centers (chakras) and meridians that control the energy flow from the Universal Energy Field to, from and within the physical body. These non-invasive techniques use focused intention and the hands to facilitate the energy balance creating a state of deep relaxation and placing the mind/body in a position to self-heal.

## **Biofield Practitioners:**

- **Dr. Rev. Deborah Lallier, ThD, CBT, HTP, CHt**  
Reiki Master, Healing Touch Practitioner and Energy Medicine Practitioner