

About

Haymount Healing and Wellness is a multi-disciplinary center for holistic healing and self-empowerment offering consciousness based healthcare, Mind/Body medicine and education to cultivate greater self-awareness, embody loving Presence and nourish Body, Mind, Emotions and Spirit.

Located in the heart of Historic Haymount, this nurturing environment supports healing that creates peace, harmony and balanced wellness in all aspects of life.

Our holistic practitioners are certified and licensed to offer expert guidance through gentle transformative therapies that release stress, transform limitations and support the MindBody in returning itself to an optimum state of health.

Our mission at Haymount Healing and Wellness is to create balanced, conscious living in all arenas of life.